



# Stay Calm

Name: \_\_\_\_\_

Find the hidden words listed below. They describe things that could cause even good swimmers to panic if they do not think first. The words can run across or down.

i d s s w a t e r w e e d s n  
g s t n e r r u t n q v c o v  
c j w j c c o l d w a t e r u  
s u d d e n i m m e r s i o n  
a i a y o f p b n s m p v m r  
q a y h i k d c y n t m p t i  
u r i v e r c u r r e n t o p  
a j b t f s m h s c u q d j c  
t h e h d s l e g c r a m p u  
i m x p r r w o k v r v o w r  
c b n x h v b b a k k x w x r  
l z a r f s s t e g a x h c e  
i l p e x h a u s t i o n y n  
f r c y a b i m b k b z w g t  
e s t m a l c h c a m t s t n

## Word List

aquatic life

exhaustion

rip current

sudden immersion

cold water

leg cramp

river current

water weeds