Think So You Don’t Sink

Read each clue. Then enter the word in the correct spaces on the crossword puzzle.

Across
1. This is what it is called when your entire body cools and is unable to keep warm.
4. Do not stay in the water if you feel cold or you start doing this.
5. Always check the warning flags before swimming here.
6. If you are wearing a life jacket and you fall into cold water, get into this position.
8. To prevent this, take frequent rests out of the water.

Down
1. If you end up in cold water and other people are with you, then you can get into this position.
2. If you are caught in this, float downstream feet first on your back (two words).
3. If this happens, relax, bend over and massage the muscle (two words).
4. You move this way if caught in water weeds.
7. You can help prevent choking if you do not eat or chew this while swimming.