



## **Fitness Graduate Assistant**

**Date Range: August 17, 2020 – May 14, 2021**

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### **Fitness Graduate Assistant**

The Fitness Graduate Assistant will be responsible for assisting in managing the comprehensive fitness program. Reporting directly to the Senior Coordinator of Fitness, the Fitness Graduate Assistant's primary responsibilities will be administrating personal training and small group training sessions and overseeing the daily fitness operations.

#### **Responsibilities**

- Provide 8-10 hours total per week of personal training and small group training on the Kennesaw and Marietta campuses
- Assist in supervising the fitness staff including recruitment, interviewing, onboarding, training and evaluation
- Provide support for the NASM Personal Training Prep Course instruction and administration including development of course materials, lecture, hands-on demonstration, and student skill learning and evaluation
- Assist with the organization and administration of programs and special events such as fitness challenges, campus collaborations, workshops and trainings
- Support the group fitness program as an instructor and assist in maintaining all fitness spaces
- Assess the success and effectiveness of the fitness programs via solicitation for patron feedback, surveys, comment cards, and evaluation of program statistics
- Provide development opportunities for students, faculty, and staff through on campus workshops, certifications, mentoring, continuing education and internship opportunities
- Present programs on health and fitness to the KSU community such as fitness orientations
- Perform other duties as assigned within the scope

#### **Required Qualifications**

- Must be accepted to Kennesaw State University Exercise Science graduate program
- Personal Training certification from a nationally recognized and accredited certifying organization
- Ability to work a varied work schedule to include nights and weekends is essential and expected.
- CPR/AED and First Aid certification

#### **Preferred Qualifications:**

- Supervisory experience demonstrating strong leadership ability
- Two years of experience personal training
- Experience personal training a diverse clientele with varying experience levels
- Experience teaching group fitness
- Experience with special events and programs

#### **Stipend and Waiver**

Candidates must be a full-time student in a two-year graduate program. This program carries a full tuition waiver (in-state or out-of-state), as well as a \$12,000 annual stipend. This appointment will begin August of 2020 and conclude in May of 2021. The position is expected to work 20 hours per week. Student fees, school application fees, and other expenses will be the responsibility of individual filling this position. Professional development support may be provided based on opportunities available and department standards