The personal training program is a physical, psychological, and emotional experience designed, not only to make you feel more powerful, but to educate and empower you to take a greater role in your personal fitness. Whatever your goals, our personal trainers will create personalized programs that fit your style.

Student Private Training
- 1 Session - $30
- 2 Sessions - $55
- 3 Sessions - $75
- 6 Sessions - $130
- 9 Sessions - $170
- 12 Sessions - $210

Student Partner Training
- 3 Sessions - $125
- 6 Sessions - $220
- 9 Sessions - $285
- 12 Sessions - $355

Non-Student Private Training
- 1 Session - $35
- 2 Sessions - $65
- 3 Sessions - $85
- 6 Sessions - $150
- 9 Sessions - $195
- 12 Sessions - $245

Non-Student Partner Training
- 3 Sessions - $145
- 6 Sessions - $250
- 9 Sessions - $325
- 12 Sessions - $390

*Please note that partner package prices reflect the TOTAL cost of the package that will be divided between both patrons. Partner packages are limited to two patrons & each patron will receive a privation MicroFit assessment and consultation.